MGL

FAITH PRIMARY ACADEMY

# ONLINE SAFETY NEWSLETTER

## CREATING STRONG PASSWORDS – TIPS AND FUN ACTIVITIES - PART I

**ISSUE 12**

### CREATING STRONG PASSWORDS

Creating a strong password is more important than ever. With data breaches occurring, it is crucial to ensure that your information is securely protected.

A strong password is one of the best ways to protect both yourself and your children online. An easy-to-guess password can leave your family's personal information open to strangers who might try to steal it.

Children are especially vulnerable, as their accounts for school, games, and apps often contain private details that can be misused if they fall into the wrong hands. Teaching your children to create strong passwords not only keeps their accounts safe now but also builds good habits that will protect them for the future.

### TOP TIPS!

1. **Don't write them down -** Remembering passwords can be difficult. There is a temptation to make a note with your passwords for easy access, however, this increases your likelihood of having your data stolen, as this isn't secured.
2. **Use a password manager -** If you do struggle to remember your password, consider making use of your phone's/browser's password manager. This data is heavily secured and will auto-fill your passwords into the relevant sites when you access them.
3. **Make it personal** - Choose a phrase that would only be known to you, this helps with memorability and makes it harder for hackers to guess.

### FUN ACTIVITIES!

**Password Treasure Hunt -** Start by writing different 'password parts' on sticky notes, for example, on one sticky note put a random number, on another a symbol, a random word, etc. Then, hide them in places around your house.
With your child, go and find the different parts and bring them back, and put them together to see if they can make a **strong password**.
Also see if they can then remember it the next day.

### FUN ACTIVITIES!

**The Password Game -** A challenging puzzle game that tasks you with creating a password with harder and harder levels.

Scan the QR Code to play: