



## Faith Primary School - Long Term Curriculum Overview - Year 1

### PE

|        | Autumn 1   | Autumn 2   | Spring 1   | Spring 2   | Summer 1   | Summer 2   |
|--------|--|--|--|--|--|--|
| Year 1 | <p style="text-align: center;"><b>Gym</b></p> <p>Perform and develop basic skills in travelling, being still, finding space and using it safely on floor and using apparatus, control body when balancing.</p> <p style="text-align: center;"><b>Year 1 Gym core task to be repeated</b><br/>Group Gym performances to be judged</p> | <p style="text-align: center;"><b>Dance</b></p> <p>Use movement imaginatively in response to stimuli, including music and performing basic skills. Change rhythm, speed, level and direction</p> <p style="text-align: center;"><b>Year 1 Dance core task to be repeated</b><br/>Group Dance performances to be judged</p> | <p style="text-align: center;"><b>Gym</b></p> <p>Perform and develop basic skills in travelling, being still, finding space and using it safely on floor and using apparatus, control body when balancing.</p> <p style="text-align: center;"><b>Year 1 Gym core task to be repeated</b><br/>Group Gym performances to be judged</p> | <p style="text-align: center;"><b>Games</b></p> <p>Travel with, send and receive a ball and other equipment in different ways. Play simple net, invasion, striking/fielding games.</p> <p style="text-align: center;"><b>Year 1 Games core task</b><br/>Teams to compete against each other in 'Knockout' rounds until a winning team is found</p> | <p style="text-align: center;"><b>Games</b></p> <p>Travel with, send and receive a ball and other equipment in different ways. Play simple net, invasion, striking/fielding games.</p> <p style="text-align: center;"><b>Year 1 Games core task</b><br/>Teams to compete against each other in 'Knockout' rounds until a winning team is found</p> | <p style="text-align: center;"><b>Athletics</b></p> <p>Participate in and design challenges and competitions that call for speed, power or stamina. Use running, throwing and jumping skills, both singly and in combination. Pace themselves in challenges and competitions.</p> <p style="text-align: center;"><b>Year 1 athletics core task</b></p> |

Core Task to be completed at the end of the unit

Within School Competition to be undertaken at the end of the

Unit - Scheme of work - Val Sabin